



PAC NEWS

November 2023

Hi South Park Families!

Winter is upon us - the lost and found is full of sweaters, and hats and gloves, OH MY! Come on into YOUR South Park School and poke around to find lost items, take a peek at the creative kids' art on the walls and say hi to teachers 😊 See you at school!

What's Happening?

Join us at the next
PAC meeting



6:30 pm
on
Zooooom!

Interested in *joining a PAC committee* but not sure of the commitment? You can design it your way! Reach out for more info ~ southparkpac.com

Mark your calendar

Jan 12 PAC adult social

Jan 26 South Park only Pro-D day
(no school, OSC open)

Snack Shack Nov 28

After school,
come get tasty
snacks and support
Grade 5 Grad activities



Kiss 'n Go Zone



Please remember the area in front of the school is for quick drop offs. You can get out of your car to give your kids a hug n' kiss, but please don't leave your car. Moving on quickly makes sure there's space for others and keeps the street less congested and safer for our kids.

Read more on: southparkpac.com

Free ONLINE Parent Ed!

November 28th • 6:30pm

Supporting Anxious Kids and Building Confidence

LIVE PRESENTATION with Deborah MacNamara
(developmental and clinical counsellor)

FREE for a limited number of South Park Families
1-hour presentation with 30-minute Q & A

• Email theresagulliver@gmail.com to **register** •

This presentation will discuss:

- the emotional roots of anxiety
- the common and hidden signs of anxiety
- top ten sources of distress for kids today (children to teens)
- six key strategies for supporting anxious kids
- how to cultivate confidence and courage in kids.

PUZZLE TIME!

South Park Maze

Can you help Linda find her dog in the annex?



Drop your donations of gently used household items, toys and gifts for all ages.

This magical event runs on volunteer power.

Even a little time to spare will help a lot!

- Sorting donations
- Gift paper making - Each class comes in during the school day
- Basket making - volunteer dependent
- Emporium set-up - Dec 6/7 8:30am-5:00pm
- Emporium cashiers and wrappers - Dec 8 8:30am-4:00pm
- Emporium take-down and leftover donations - Dec 8 4:00pm-5:30pm

To sign up to volunteer, and view a full list of what to donate, visit:

southparkpac.com/new-events

Read more on: southparkpac.com